

# BIBLICAL COUNSELLING TRAINING

BROCHURE 2022



**MYFILADELFIA**

I have opened a door for you

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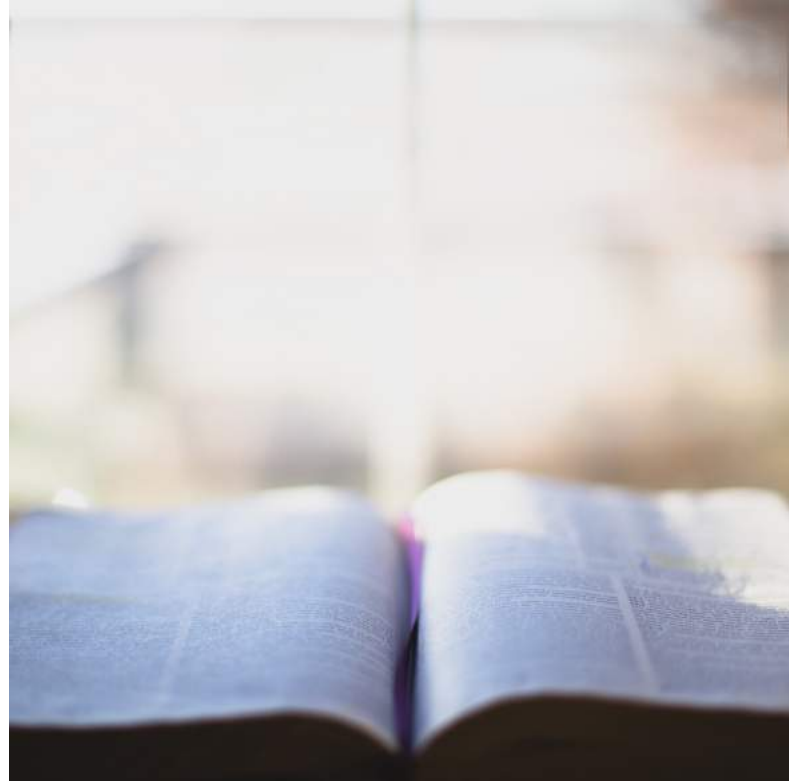
WE THANK you for your inquiry about MyFiladelfia Biblical Counselling Institute! MyFiladelfia is a Biblically based network for pastoral care, mentorship and life skills and consists of diverse pastoral resources. At MyFiladelfia everybody is respected – regardless of language, culture, or Christian denomination.

## MORE ABOUT MYFILADELFIA

Since 1994, MyFiladelfia, as interdenominational ministry, grew and spread her wings over the whole of South Africa and even internationally. The MyFiladelfia team is passionate about the Lord Jesus Christ and believe Him to be the source of all true inner healing. MyFiladelfia is supported by people in ministry, people who want to enter into ministry, as well as many churches, schools and organisations. MyFiladelfia equips believers to operate more effectively in their ministries and personal lives.

### A FEW TESTIMONIES

- “ It has been amazing the friendliness and openness of the people is awe-inspiring. God has allowed me to see and know that He is moving and that He is real. It's not about religion at MyFiladelfia, its Christianity.”
- “ Thank you...this was amazing. I truly love MyFiladelfia. You guys open my eyes for new things every day.”
- “ Growing with MyFiladelfia has inspired so many people with and around me.”
- “ We learnt a lot and appreciate all the effort, passion and accurate presentation. Thank you for so much information that is helping us to grow”
- “ Life enriching! Thank you so much”



## THE MYFILADELFIA VALUE SYSTEM

The work of MyFiladelfia is based on the inspired Word of God. Equipping of believers, is done in dependence of His Holy Spirit. MyFiladelfia believes that Jesus Christ still heals! Trust, honesty, liability, transparency, excellence and integrity, form the core of our ministry. MyFiladelfia journeys with students on the road to discipleship, encourage with perseverance, facilitate restored relationships, promote spiritual growth and build partnerships in the ministry. A Biblical counsellor – such as those equipped by MyFiladelfia – is someone who does counselling in accordance with the opinion of the Christian world, supported by the Bible and trusting completely in the working of the Holy Spirit.

God's richest blessings,  
The MyFiladelfia team

## PASTORAL COUNSELLING AND LIFE SKILLS

MyFiladelfia focuses on aspects which unite the body of Christ and we represent a great variety of denominations. Working closely with other disciplines, support is provided, where needed. Although pastoral counsellors do not diagnose, or treat, mental illnesses, the road of recovery is walked with fellow believers, while they receive healing from His Word and through His Spirit.

## DIRECTION AND MENTORSHIP

Empathic relationships are formed, while believers are encouraged and supported to believe in their Godly purpose. The fulfilment of this purpose in the Kingdom, is attained through pastoral care, motivation, mentorship, unconditional love and the practical implementation of the Word of God in their everyday lives.



Please note that MyFiladelfia is not a provider of Private Higher Education in South Africa.

MyFiladelfia gladly takes part in any form of service to the church and community, in order that the message of the Good News of Jesus Christ, can be lived and preached. MyFiladelfia is gladdened by people and organisations, who are passionate about Jesus Christ and therefore gets readily involved in discussions and debates, which are important to MyFiladelfia's ministry, as well as to the expansion of the Kingdom of God.

## COMPOSITION OF THIS MINISTRY

MyFiladelfia offers short courses in a modular format, included in a year programme. These courses offer support to the ministry of the student. Equipment for the calling of the student, is also provided by these courses. Courses prepare people for service in Christian ministry and not for secular work.

## ACKNOWLEDGEMENT OF COURSES

MyFiladelfia Biblical Counselling Institute does not issue national qualifications. Religious Qualifications are issued by MINTS ("Miami International Seminary"), which is registered with the state of Florida's Department of Education, in Dade County, Florida, U.S.A. **At present, MyFiladelfia Biblical Counselling Institute is registered as a private provider of training in South Africa with the Services SETA. Registration number 12667.**



## HOW IS THE COURSE STRUCTURED?

- Training is presented in eLearning format.
- The practical programme is unique in South Africa. It is supported by two contact sessions, of two days each, per year. This type of training is necessary to obtain experience.
- What do you need to successfully complete this course?
  - o Computer with internet connection.
  - o Email address.

Complete the following online registration form:

<https://www.cognitofrms.com/MyFiladelfia/registrationanddebitorderform>

Also include:

- A copy of your ID book,
- A copy of your highest qualification,
- Proof of payment of the deposit.

As soon as all relevant documentation is received, you will be given access to the eLearning portal.

Right of admission to any of the courses, is reserved.

## INVESTMENT INTO THE TRAINING INVOLVED

### LEVEL COURSES (PER CALENDAR YEAR)

R2000 deposit at registration plus,  
R1500 p.m. x 12 months.  
(Level 3 – R1500 p.m. x 24 months)

- There is a 30 day cancellation period, after which you will be responsible for the entire course fee. The deposit is, however, non-refundable.
- All study fees paid to MyFiladelfia are non-refundable.
- Registration form for level 1 – 3:  
<https://www.cognitofrms.com/MyFiladelfia/registrationanddebitorderform>

### COST PER INDIVIDUAL COURSE

R2500 each (non-refundable)

- All the MyFiladelfia courses can be taken individually.
- Registration form for individual courses:  
<https://www.cognitofrms.com/MyFiladelfia/shortcourseregistrationform>

### BANKING DETAILS

FILADELFIA CHRISTELIKE BERADING KP BK  
Nedbank business cheque account  
Branch number: 102905  
Account number: 1029047235

## REGISTRATION PERIODS

- Registration for the January/February intake closes 28 February.
- Registration for the June/July intake closes 31 July.
- Registration for an individual course, can be done at any time.

Note: Levels consist of courses. Courses can also be taken individually at a cost of R2500 each.

### LEVEL 1 (Duration 1 year)

MINTS.edu will issue a Certificate in Theological study if so desired.

#### COURSE 1: INTRODUCTION TO PASTORAL COUNSELLING (BAM142)

- The nature of pastoral ministry
- Empathy, compassion and understanding
- Restoring relationships and forgiveness
- The pastoral conversation
- Effective use of scientifically based pastoral aids

#### COURSE 2: INTRODUCTION TO BIBLICAL STUDIES (BAB001)

- Testimonies
- Introduction to the Bible
- A tour of all the books of the Bible
- Important dates and facts
- The life and ministry of Jesus
- Belief in Jesus

#### COURSE 3: PERSONAL DEVELOPMENT (PDE11E)

- Body, soul and spirit
- Overcoming life's obstacles
- Negative thought patterns
- Emotional pain and disruption
- Self-development

#### COURSE 4: ACTUAL PROBLEM AREAS I (PAM12E)

- Depression
- Suicide
- Sexual abuse
- Eating disorders
- Bitterness

#### COURSE 5: ACTUAL PROBLEM AREAS II (PAM13E)

- Case studies
- Healing from impure thoughts
- Stress
- Correcting negative thought patterns

#### COURSE 6: ACTUAL PROBLEM AREAS III (PAM14E)

- Prescribed book: COLLINS, G.R. – Christian counselling: A comprehensive guide
- Prescribed book: YANCEY, P. – Where is God when it hurts?

#### COURSE 7: CONTACT SESSION 1 VIA ZOOM (COS11B)

- Emotions
- Rational emotive therapy
- Models of Biblical counselling
- Practical: Listening skills
- \* Attendance compulsory

#### COURSE 8: CONTACT SESSION 2 VIA ZOOM (COS12B)

- Trauma
- Unhealthy relationships
- Family patterns, acquired dysfunctional behaviour; attachment styles
- \* Attendance compulsory

## LEVEL 2 (Duration 1 year)

MINTS.edu will issue an Associate of arts in Theological studies if so desired.

### COURSE 1: CHALLENGES IN CHILDHOOD (PAM21E)

- Counselling children
- The child in crisis
- Emotional experience in substance abuse environments
- Hyperactivity and anger

### COURSE 5: THE DOCTRINE OF SCRIPTURE (BAT021)

- General and special revelation
- Inspiration of Scripture
- Story and reliability of Scripture
- The inerrancy of Scripture
- Perfections of Scripture
- The canon and apocrypha

### COURSE 2: CHALLENGES IN ADOLESCENCE (PAM22E)

- Relationships
- Family issues, sexual issues, abuse, addictions, disorders, vocations
- Community engagement
- Skills development

### COURSE 6: PRINCIPLES OF BIBLICAL INTERPRETATION (BIB21E)

- Definition and science of hermeneutics
- Hermeneutics and church divisions
- Methods of interpretation
- Foundation for interpretation
- The context principle

### COURSE 3: CHALLENGES IN ADULTHOOD (PAM23E)

- Abortion
- Prayer therapy for deep emotional wounds
- Stress and trauma
- Worry, fear and anxiety
- Divorce
- Terminal illness
- Retirement

### COURSE 7: EPHESIANS (MAB615)

- The Holy Spirit, wisdom and discernment
- Good works, a changed life in Christ
- Strength, love, faith, wisdom, insight and unity
- Instructions on conduct
- Relationships
- The armour of God

### COURSE 4: PRINCIPLES OF PASTORAL COUNSELLING (BAM311)

- The life, portrait and qualifications of a counsellor
- Spiritual world, anxiety and depression
- Grief, suicide and sexual abuse
- Anger and forgiveness
- Addictions and perfectionism

### COURSE 8: CONTACT SESSION 1 VIA ZOOM (COS21B)

- Practical: group work and therapy | \*Attendance compulsory

### COURSE 9: CONTACT SESSION 2 VIA ZOOM (COS22B)

- Actual problem areas | \*Attendance compulsory

## LEVEL 3 (Duration 2 years)

MINTS.edu will issue an BA degree in Theological studies (BATS) if so desired.

### COURSE 1: ADVANCED PASTORATE (PAM42B)

- The Model of Osmer
- Foundational Skills and Methods
- Detailed Exploration of Pastoral Issues Not Commonly Presented
- Tasks and Skills of Practical Theology Interpretation

### COURSE 5: MARRIAGE THERAPY (BAM317)

- Marriage Under Fire
- Wedding Vows
- Conflict Management
- Marriage Enrichment

### COURSE 2: RESEARCH SCRIPT (PAM44B)

- Refinement of Ministry: Own Topic
- Academic Research
- Theoretical Proficiency
- Academic Proficiency
- Godly Solutions to Challenges

### COURSE 6: CHRISTIAN APOLOGETICS (BAL091)

- Christology And Epistemology
- True Theology and Science
- Global Theological Education

### COURSE 3: THE DOCTRINE OF GRACE (BAT512)

- God of Grace
- Covenant of Grace
- Ordinary Means of Grace
- Grace in The Church and Grace to The World
- Faith in Future Grace

### COURSE 7: CHRISTIAN DOCTRINE FOR PASTORAL COUNSELLING (BIB42B)

- Classifications and Definitions
- Anthropology, Pneumatology and Christology
- Theology Proper
- The Trinity

### COURSE 4: PASTORAL WORK AND ILLNESS (PAM33B)

- General Considerations
- Theological Dimensions of Illness
- HIV & AIDS Part 1 – 3
- Reflections and Resource

### COURSE 8: NETWORK OF THE HUMAN SOUL (PAM43B)

- The Soul
- Dignity
- Marriage
- Family
- Crisis
- Society
- Spirituality and Grief

## LEVEL 3 (Duration 2 years) CONTINUED

MINTS.edu will issue an BA degree in Theological studies (BATS) if so desired.

### COURSE 9: PERSONALITY DEVELOPMENT (PDE31B)

- God of Grace
- Covenant of Grace
- Ordinary Means of Grace
- Grace in The Church and Grace to The World
- Faith in Future Grace

### COURSE 12: CONTACT SESSION 2 VIA ZOOM (COS32B)

- Trauma Dynamics
- Trauma Counselling
  - \* Attendance compulsory

### COURSE 10: PSYCHOLOGY FOR CHRISTIAN COUNSELLING (PAM32B)

- Psychological contact & concepts
- The Brain and behaviour
- God Language and healing
- Normality and pathology

### COURSE 13: CONTACT SESSION 3 VIA ZOOM (COS41B)

- Narrative Concepts and Therapy
- Practical Application
  - \* Attendance compulsory

### COURSE 11: CONTACT SESSION 1 VIA ZOOM (COS31B)

- Theological Application of The Skilled Helper Model
- Theological Dimensions of The Model
- Practical Assignment: Egan
  - \* Attendance compulsory

### COURSE 14: CONTACT SESSION 4 VIA ZOOM (COS42B)

- Advanced Case Studies
- The Use of Scientific and Other Pastoral Aids
- Guidelines: Private Practice
  - \* Attendance compulsory



Upon completion of Level 3 training, one can register with a SAQA professional board.